

Featured Products for Substance-Use Disorders and Addictions

Vitamins



Metagenics® FolaPro 800 mcg

Benefits: Probably the most important supplement for treating addictions. Folate repairs the brain and bone marrow.

Delivery: Because some patients cannot metabolize folic acid properly, this highly absorbable form is preferred.



Bioclinic™ Naturals B12 lozenges

Benefits: Helps in nerve pain. Combats fatigue and supports bodily stress control centers. Deficient in people taking acid-reducing medications or who have had bariatric surgery or absorption problems.

Delivery: Sublingual formulation bypasses the digestive system.



Metagenics® D₃ 5000™

Benefits: Vitamin D may play a role in reducing depression. Alcohol consumption reduces its concentration in the system.

Amino Acids



Pure Encapsulations® I-Glutamine 1000 mg

Benefits: Amino acid supplement that reduces alcohol and sugar cravings. A building block, often lacking in the diet, that rebuilds normal neurotransmitters.

Minerals



Pure Encapsulations® Magnesium Glycinate

Benefits: Detoxifying mineral that aids muscle soreness, chronic pain, muscle cramps, and insomnia. Helps some patients with constipation.



SVA Soma Salt

Benefits: Healthy magnesium- and calcium-rich natural salt that replaces lost electrolytes and supports the adrenal glands, without causing excess thirst or fluid shifts or elevation of blood pressure like regular salt.

Fats



Ocean Blue® Professional Omega 3 fish oil

Benefits: Critically important to rebuild the nerve and brain tissue, for calming, and to reduce inflammation of any sort. Helps reduce joint pain.



SVA Mum's Ghee:

Benefits: Healthy cooking oil, containing good fats to help rebuild and repair the digestive tract, brain, and nerve tissues.



Herbals



SVA DGL transdermal

Benefits: Soothes, repairs, and gently detoxifies the liver. Especially important if hepatitis is a complication.

Delivery: Applied over the liver daily after showering.



SVA Super Sport transdermal

Benefits: Excellent pain reliever that is a safe, effective alternative to habit-forming, hepatotoxic, or stomach-upsetting medications, narcotics, or NSAIDs.

Delivery: Massaged into painful muscles and joints and swiped on the spine at bedtime.



Thorne Research Berberine-500

Benefits: Helps repair the liver. Improves insulin resistance, reduces triglycerides, and improves cholesterol. Excellent alternative to hepatotoxic medications. Improves liver functioning in hepatitis C.



MAPI Blissful Joy®

Benefits: An elegant, safe combination of herbs that calms and evens out the mood without interfering with other medications. Helps restore normal sleep in some patients.



SVA Mum's Super Spice mix

Benefits: A combination of tasty medicinal spices that can be sprinkled on food or used in cooking. Balances digestion and improves absorption of nutrients.



SVA Triphala for High Pitta

Benefits: Rebuilds and repairs the gut and the liver, and improves colon tone in patients with chronic constipation.



SVA Pro-Relaxation Mental transdermal (special order)

Benefits: Contains a synergy of herbs for physical stamina and strength of the central nervous system.



SVA Vata Abhyanga Oil with Magnesium and Vitamin D

Benefits: Massage oil helps calm a racing mind and relaxes sore muscles. Transdermal magnesium provides powerful, balanced detoxification.



SVA Hair Oil with Beta Carotene and Vitamin D (special order)

Benefits: Useful with SVA Vata Abhyanga Oil to provide transdermal herbs, including brahmi and shankapushpi, that are beneficial for the mind and central nervous system.

SVA Tripti-Tea™

Benefits: Helps improve blood sugar levels and reduces sugar and other cravings.

Probiotics



Metagenics® UltraFlora™ Balance

Benefits: Probiotic healing support for the digestive tract. Improves reflux, heartburn, constipation, and absorption.