

Featured Products for Men's and Women's Health

Men



MAPI Amrit Kalash® (2-Part Formulation)

Benefits: At least nine published studies indicate that Amrit Kalash Nectar paste and Ambrosia tablets offer wide-spectrum heart-protective effects, including reduced LDL oxidation, antiatherogenesis, and decreased platelet aggregation (blood thinning).

Delivery: Herbal paste and tablets, consumed orally.



Pure Encapsulations® Ashwagandha

Benefits: Ashwagandha's adaptogenic properties provide multi-functional support for promoting general mental and physical wellness, including support for occasional stress, joints, memory, immune function, and healthy lipid and glucose metabolism.



SVA Mucuna Plus

Benefits: Animal studies and long-term traditional use confirm mucuna's powerful effects of normalizing sexual dysfunction and erectile problems and reversing oxidative stress causing reduced sperm count, motility, and viability.



LifeExtension® Super MiraForte

Benefits: The reformulated Super MiraForte contains high potencies of chrysin and nettle root extract. These ingredients reduce the conversion of testosterone to estrogen and enhance free testosterone levels. Muira puama is a rainforest herb classified in the Brazilian pharmacopoeia as an aphrodisiac. In a trial of men with decreased libido and other sexual issues, 62% of those taking muira puama reported positive results in regard to libido, while 51% of those with a common sexual problem felt that the herb was helpful.



Pure Encapsulations® Maca

Benefits: Maca, cultivated in the highlands of Peru, has long been considered the ginseng of the Andes, supporting energy, stamina and vitality. For centuries, it has been associated with supporting healthy libido and sexual performance. Studies indicate that this effect appears independent of any influence on testosterone or other hormones, further supporting the safety of maca. In addition to traditional use, several recent trials involving male subjects indicate its potential for supporting healthy sexual desire and performance.



Pure Encapsulations® Saw Palmetto

Benefits: Saw palmetto has been utilized for decades to support healthy prostate and urinary function. In countries like New Zealand, France, Germany, and Austria, this herb has been the gold standard for prostate support for many years. Its primary mode of action involves supporting healthy testosterone metabolism, in part by maintaining healthy 5-alpha-reductase enzyme activity and receptor binding.

For more information, please contact Barbara Davis, MD, or Kurt Moyer, Clinical Pharmacist
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Women



MAPI Amrit Kalash® (2-Part Formulation)

Benefits: Traditional Ayurvedic formula that supports the health of mind, brain, and nerves; increases vitality and inner strength; powerful antioxidant —research shows it to be up to 1,000 times more effective than Vitamins C and E, by weight.

Delivery: Herbal paste and tablets, consumed orally.



MAPI Organic Rose Petal Preserve

Benefits: According to Ayurvedic wisdom, the rose has a cooling effect on your mind, body, and emotions. And its exquisite aroma and subtle flavor are a welcome bonus!

Made with fragrant organic rose petals and organic cane juice crystals, our rich red organic rose petal spread adds a sweet romantic nuance to the simplest of treats.



Pure Encapsulations® Saw Palmetto

Benefits: In women, saw palmetto can be used to lower testosterone levels.



Ortho Molecular Products® CDG EstroDIM

Benefits:

Calcium D-Glucuronate

In the detoxification process, some metabolites may become more harmful prior to their final elimination from the body. Glucuronic acid is often attached to these metabolites prior to their elimination. Certain gut bacteria are capable of releasing these metabolites via the activity of the glucuronidase enzyme and allowing them to recirculate with potentially harmful consequences. The glucarate delivered by calcium D-glucuronate is capable of inhibiting this glucuronidase and reducing the harmful burden on the body.

Indole-3-Carbinol

Human clinical trials show an improvement in 2/16 hydroxy-estrone ratios in women taking I3C, demonstrating its value in helping lower risk in these women.

Folic Acid

The proper processing of estrogen metabolites requires folic acid. Folic acid deficiency, especially alcohol-related, increases risk for estrogen-related breast conditions.